

MAÑANAS DE 8,30 A 13,30 HORAS	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
PILATES	9,00/9,45	9,00/9,45	9,00/9,45	9,00/9,45	9,00/9,45
DESCANSO	10,00/10,30	10,00/10,30	10,00/10,30	10,00/10,30	10,00/10,30
PILATES INICIACION SALSA CARDIO	10,45/11,30	SALSA CARDIO 10,45/11,30	10,45/11,30	SALSA CARDIO 10,45/11,30	10,45/11,30
GIMNASIA ADAPTADA	11,45/12,30	11,45/12,30	11,45/12,30	11,45/12,30	11,45/12,30
ABDOMINALES HIPOPRESIVOS	12,45/13,15	12,45/13,15	12,45/13,15	12,45/13,15	12,45/13,15
TARDES DE 17,00 A 19,00 HORAS	LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
ABDOMINALES HIPOPRESIVOS	17,15/17,45	17,15/17,45	17,15/17,45	17,15/17,45	17,15/17,45
PILATES	18,00/18,45	18,00/18,45	18,00/18,45	18,00/18,45	18,00/18,45